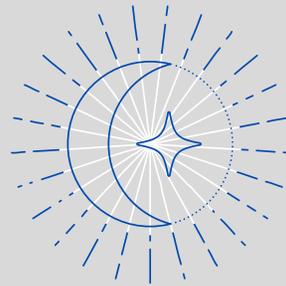


# Spiritual Explorer | Numerology 101

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## The Universe speaks in numbers. What does it say about you?

Numerology is the language of numbers, and numerology can help you better understand who you are by highlighting your strengths, talents, tendencies, and more. This is a beginner course in numerology that teaches you how to calculate and interpret the five core numbers in numerology. The five core numbers are Destiny, Personality, Soul, Life Path, and Realization and represent the energies with the biggest impact on your life.

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**Disclaimer:** The information presented here represents the views of the author as of the date of publication. This book is meant to inform and entertain, not diagnose or treat specific health conditions. It is not a substitute for professional medical advice, diagnosis, and treatment.

## Numerology Table

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>	<b>G</b>	<b>H</b>	<b>I</b>
<b>J</b>	<b>K</b>	<b>L</b>	<b>M</b>	<b>N</b>	<b>O</b>	<b>P</b>	<b>Q</b>	<b>R</b>
<b>S</b>	<b>T</b>	<b>U</b>	<b>V</b>	<b>W</b>	<b>X</b>	<b>Y</b>	<b>Z</b>	

### Part 1 Directions:

Write your first, middle, and last names given at birth on the Numerology Worksheet provided. Pair each letter with the corresponding number. Use one color for **consonants (C)** and a different color for **vowels (V)**. **Quick Tip for Y** – Y is considered a vowel when it is the only vowel sound in the syllable. Add up the numbers in each part as directed. If you arrive at a double digit number, add the digits of the number together until you arrive at a single number.

### Name Given at Birth

#### First Name (F)

L A U R E N  
 3 1 3 9 5 5

$$FC = \text{Sum}(\text{consonants}) = 3 + 9 + 5 = 17 = 1 + 7 = \mathbf{8}$$

$$FV = \text{Sum}(\text{vowels}) = 1 + 3 + 5 = \mathbf{9}$$

$$\mathbf{F = FC + FV = 8 + 9 = 17 = 1 + 7 = 8}$$

#### Middle Name (M)

R O S E  
 9 6 1 5

$$MC = \text{Sum}(\text{consonants}) = 9 + 1 = 10 = 1 + 0 = \mathbf{1}$$

$$MV = \text{Sum}(\text{vowels}) = 6 + 5 = 11 = 1 + 1 = \mathbf{2}$$

$$\mathbf{M = MC + MV = 1 + 2 = 3}$$

#### Last Name (L)

S E A V E R  
 1 5 1 4 5 9

$$LC = \text{Sum}(\text{consonants}) = 1 + 4 + 9 = 14 = 1 + 4 = \mathbf{5}$$

$$LV = \text{Sum}(\text{vowels}) = 5 + 1 + 5 = 11 = 1 + 1 = \mathbf{2}$$

$$\mathbf{L = LC + LV = 5 + 2 = 7}$$

## Part 2 Directions:

Use the values from Part 1 to complete the following equations. Add up the numbers in each part as directed. If you arrive at a double digit number, add the digits of the number together until you arrive at a single number.

$$\text{Destiny Number} = F + M + L$$

$$\text{Destiny Number} = 8 + 3 + 7 = 18 = 1 + 8 = 9$$



$$\text{Personality Number} = FC + MC + LC$$

$$\text{Personality Number} = 8 + 1 + 5 = 14 = 1 + 4 = 5$$



$$\text{Soul Number} = FV + MV + LV$$

$$\text{Soul Number} = 9 + 2 + 2 = 13 = 1 + 3 = 4$$



## Part 3 Directions:

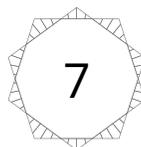
Add up the numbers in your birthday per the equation. If you arrive at a double digit number, add the digits of the number together until you arrive at a single number.

$$\text{Birthday} = MM/DD/YYYY$$

$$\text{Life Path Number} = M + M + D + D + Y + Y + Y + Y$$

$$\text{Birthday} = 09/03/1984$$

$$\text{Life Path Number} = 0 + 9 + 0 + 3 + 1 + 9 + 8 + 4 = 34 = 3 + 4 = 7$$



### Part 4 Directions:

Use the values from Part 2 and Part 3 to complete the following equations. Add up the numbers in each part as directed. If you arrive at a double digit number, add the digits of the number together until you arrive at a single number.

$$\text{Realization Number} = \text{Destiny Number} + \text{Life Path Number}$$

$$\text{Realization Number} = 9 + 7 = 16 = 1 + 6 = 7$$



### Part 5 Directions:

Use the values from Part 2, Part 3, and Part 4 to populate the icons on the Numerology Profile. Refer to the Core Number Interpretation section to add relevant notes under each category to personalize your Numerology Profile.

Consider completing a Numerology Profile for friends and family as well.

## Numerology Table

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>	<b>G</b>	<b>H</b>	<b>I</b>
<b>J</b>	<b>K</b>	<b>L</b>	<b>M</b>	<b>N</b>	<b>O</b>	<b>P</b>	<b>Q</b>	<b>R</b>
<b>S</b>	<b>T</b>	<b>U</b>	<b>V</b>	<b>W</b>	<b>X</b>	<b>Y</b>	<b>Z</b>	

### Part 1 Directions:

Write your first, middle, and last names given at birth on the Numerology Worksheet provided. Pair each letter with the corresponding number. Use one color for **consonants (C)** and a different color for **vowels (V)**. **Quick Tip for Y** – Y is considered a vowel when it is the only vowel sound in the syllable. Add up the numbers in each part as directed. If you arrive at a double digit number, add the digits of the number together until you arrive at a single number.

### Name Given at Birth

#### First Name (F)

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FC = Sum(consonants) =

FV = Sum(vowels) =

**F = FC + FV =**

#### Middle Name (M)

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MC = Sum(consonants) =

MV = Sum(vowels) =

**M = MC + MV =**

#### Last Name (L)

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LC = Sum(consonants) =

LV = Sum(vowels) =

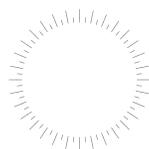
**L = LC + LV =**

**Part 2 Directions:**

Use the values from Part 1 to complete the following equations. Add up the numbers in each part as directed. If you arrive at a double digit number, add the digits of the number together until you arrive at a single number.

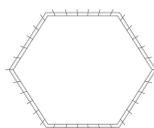
**Destiny Number = F + M + L**

**Destiny Number =**



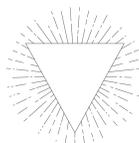
**Personality Number = FC + MC + LC**

**Personality Number =**



**Soul Number = FV + MV + LV**

**Soul Number =**



**Part 3 Directions:**

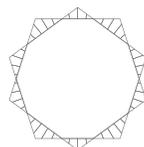
Add up the numbers in your birthday per the equation. If you arrive at a double digit number, add the digits of the number together until you arrive at a single number.

**Birthdate = MM/DD/YYYY**

**Life Path Number = M + M + D + D + Y + Y + Y + Y**

Birthdate =

**Life Path Number =**

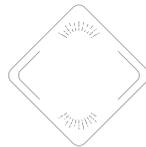


### Part 4 Directions:

Use the values from Part 2 and Part 3 to complete the following equations. Add up the numbers in each part as directed. If you arrive at a double digit number, add the digits of the number together until you arrive at a single number.

**Realization Number = Destiny Number + Life Path Number**

**Realization Number =**



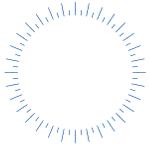
### Part 5 Directions:

Use the values from Part 2, Part 3, and Part 4 to populate the icons on the Numerology Profile. Refer to the Core Numbers section to add relevant notes under each category to personalize your Numerology Profile.

Consider completing a Numerology Profile for friends and family as well.

**Numerology Profile for:**

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**Destiny Number:** Reveals your true nature and points the way to an empowered existence

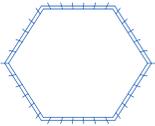
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**Personality Number:** Reveals what others remember about you after your first encounter

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**Soul Number:** Reveals your heart's dearest desire and gives you a framework for understanding yourself at a deeper level

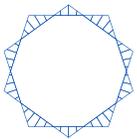
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**Life Path Number:** Reveals your special path along with the natural gifts and talents that will allow you to fulfill your purpose

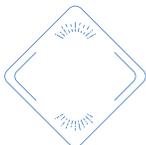
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**Realization Number:** Reveals how you can rise to your potential as you come into your own at midlife

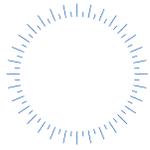
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## Destiny Number

Reveals your true nature and points the way to an empowered existence.

**Destiny Number 1:** Your nature is to develop the self and to become a leader. Your purpose in life is to be courageous, independent, and innovative, empowering your will and determination. Even if you lack confidence or are holding back, your destiny awaits.

**Destiny Number 2:** Your nature is to create harmony. Your purpose is to seek balance and cooperation, empowering you to build relationships, tribes, and communities. Even if you are passive or indecisive, your destiny awaits.

**Destiny Number 3:** Your nature is to energize and inspire. Your purpose is to encourage others through your optimism and enthusiasm, empowering your inspirational creativity to spread joy to others. Even if you are moody or critical, your destiny awaits.

**Destiny Number 4:** Your nature is to build something of lasting value. Your purpose is to be practical and do the hard work, empowering your need for order and convention so that security is assured. Even if you are stubborn or suspicious, your destiny awaits.

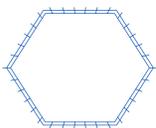
**Destiny Number 5:** Your nature is to adapt, change, and progress. Your purpose is to embrace freedom and follow curiosity wherever it leads you, empowering your resourcefulness and magnetism as you continually evolve. Even if you are restless or disconnected, your destiny awaits.

**Destiny Number 6:** Your nature is to serve. Your purpose is to nurture family and loved ones, empowering your ability to create harmony and beauty in your life and family. Even if you are codependent or tend to martyr yourself, your destiny awaits.

**Destiny Number 7:** Your nature is to analyze and seek out. Your purpose is to dig deep and contemplate all you encounter, empowering your research skills and perfectionist ways to find inner wisdom. Even if you are cynical or skeptical, your destiny awaits.

**Destiny Number 8:** Your nature is to obtain self-mastery. Your purpose is to achieve and succeed using your business and organization skills, empowering your innate sense to discover opportunities. Even if you are ruthless or overbearing, your destiny awaits.

**Destiny Number 9:** Your nature is to love unconditionally. Your purpose is to strive for universal acceptance of all people, empowering your selflessness, empathy, and healing abilities. Even if you are gullible or intolerant, your destiny awaits.



## Personality Number

Reveals what others remember about you after your first encounter. Knowing your personality number can help you to make a great first impression.

**Personality Number 1:** Dominant, forceful, creative, confident, self-reliant, courageous, professional, prefers unique and memorable styles

**Personality Number 2:** Reserved, shy, neat, cooperative, peaceful, diplomatic, modest, artistic, charming, good listener, prefers classic styles

**Personality Number 3:** Fun, magnetic, friendly, animated, great talker, entertaining, charming, attractive, optimistic, enthusiastic, looks good in anything

**Personality Number 4:** Trustworthy, rule follower, sensible, conservative, frugal, hard working, industrious, reliable, responsible, practical and economical fashion sense

**Personality Number 5:** Attractive, witty, freedom, outgoing, exuberant, youthful, progressive, networker, likes movement, prefers trendy styles

**Personality Number 6:** Gracious, perfectionist, idealist, protective, reliable, problem solver, counselor, artistic, teacher, prefers eye pleasing colors

**Personality Number 7:** Mystery, secrecy, perceptive, observant, intelligent, dignified, introspective, introverted, mystical, unusual and eccentric tastes in fashion

**Personality Number 8:** Influential, powerful, ambitious, strong, authoritative, controlling, organized, visionary, confident, dresses for success

**Personality Number 9:** Generous, compassionate, philosophical, warm, emotional, intuitive, vibrant, wise, sympathetic, dresses with a flair for the dramatic



## Soul Number

Reveals your heart's dearest desire and gives you a framework for understanding yourself at a deeper level.

**Soul Number 1:** Your heart's desire is to lead. You lean away from mediocrity and prefer to work alone.

**Soul Number 2:** Your heart's desire is to live in harmony with others. You like to provide support to others and prefer to be in a relationship.

**Soul Number 3:** Your heart's desire is to bring joy to others. You are a creative person and a wonderful romantic.

**Soul Number 4:** Your heart's desire is to live according to a plan. You are a great facilitator and create synergetic teams.

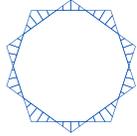
**Soul Number 5:** Your heart's desire is to be free from restrictions. You crave adventure and variety.

**Soul Number 6:** Your heart's desire is to create a beautiful and harmonious home. You are heavy on commitment and want to nurture and protect.

**Soul Number 7:** Your heart's desire is to be left to your own devices. You are an empath who craves solitude.

**Soul Number 8:** Your heart's desire is to be in a position of power. You have a hard time with emotional people and prefer sticking to topics of business.

**Soul Number 9:** Your heart's desire is universal perfection and love. You have heightened intuition, boundless love, and high ideals.



## Life Path Number

Reveals your special path along with the natural gifts and talents that will allow you to fulfill your purpose.

**Life Path Number 1:** Born Leader, Courageous, Ambitious, Pioneering Spirit, Strong-Willed, Determined, Unconventional, Innovative, Successful, Independent, Status Oriented, Self Assured

**Life Path Number 2:** Peacemaker, Sensitive, Perceptive, Intuitive, Patient, Cooperative, Passionate, Nurturing, Great Companion, Loving, Detail Oriented, Perfectionist

**Life Path Number 3:** Joyful, Enthusiastic, Creative, Imaginative, Intuitive, Generous, Versatile, Energetic, Optimistic, Witty, Expressive, Influential

**Life Path Number 4:** Practical, Organized, Systematic, Decisive, Hard Working, Reliable, Honest, Disciplined, Tenacious, Precise, True Survivor, Justice Seeking

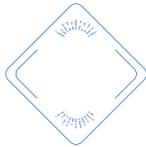
**Life Path Number 5:** Freedom, Adventure, Variety, New Horizons, Curiosity, Change, Explorer, Researcher, Student, Versatile, Clever, Adaptable

**Life Path Number 6:** Compassion, Service, Healer, poised, Comfort, Generous, Kind, Grace, Humble, Artistic, Responsible, Balanced

**Life Path Number 7:** Wisdom, Knowledge, Reserved, Thoughtful, Scientific, Spiritual, Seeker, Inventor, Discoverer, Thinker, Skeptic, Silent

**Life Path Number 8:** Accomplishment, Success, Self-discipline, Strong Character, Executive Ability, Organization, Leadership, Thoroughness, Dependability, Practicality, Control, Self-reliance

**Life Path Number 9:** Compassionate, Understanding, Altruistic, Spiritual Minded, Emotional, Generous, Idealistic, Romantic, Charitable, Sympathetic, Loving, Magnetic



## Realization Number

Reveals how you can rise to your potential as you come into your own at midlife

**Realization Number 1:** You will thrive with increasing amounts of individuality and independence. Your strong opinions and ambitions will attract leadership responsibilities. Set your goals, follow through with your plan, and success will be yours.

**Realization Number 2:** You will thrive in arbitration and peacemaking environments. Your ability to influence people through diplomacy will blossom. Some will be drawn to spiritual work and teaching. Your success will come through nurturing others.

**Realization Number 3:** You will thrive by unleashing your creativity, the more you use it, the happier you will be. Your zest for life will attract amazing people and opportunities. Success will be obtained if your talents are focused.

**Realization Number 4:** You will thrive with discipline and hard work. Your persistent nature allows you to build a practical foundation for your dreams and desires. Stay organized and focused, and your plans and efforts will come to life.

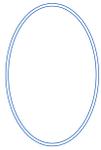
**Realization Number 5:** You will thrive with adventure, variety, and freedom. Your resourceful, multi-talented, and independent spirit will allow you to see opportunities that others miss. Remembering the life lessons gleaned from experience will lead you to success.

**Realization Number 6:** You will thrive by serving humanity, either at home or out in the world. Your consideration of and service to others will be embedded in your strong principles and nurturing disposition. Success will come in the balance between giving and receiving.

**Realization Number 7:** You will thrive when left to your own devices. You will be a thoughtful and intuitive seeker of wisdom and understanding. Your success will come through specialization, and people will seek you out for your unique insight.

**Realization Number 8:** You will thrive by directing, organizing, and leading. Your wisdom and practicality will attract opportunities. Success will come when you strike a balance between the material world and the spiritual world, however those are defined by you.

**Realization Number 9:** You will thrive by being compassionate and humanitarian. You will learn to live in the flow of the Universe by mastering surrender and release. Success will be realized when you feel that you have provided something of lasting value for the future.



## Personal Year Number

Reveals what you can expect energetically this year.

**Birthday = MM/DD**

**If the birthday already passed this year, Current Year = Current Year YYYY**

**If the birthday has not yet passed this year, Current Year = Last Year YYYY**

**Personal Year Number =**

**Birthday (M + M + D + D) + Current Year(Y + Y + Y + Y)**

**Personal Year Number 1:** A year for new beginnings, planting seeds; an active year

**Personal Year Number 2:** A year for cooperation, sensitivity, and relationships; a slow year

**Personal Year Number 3:** A year for joy, creative ideas, having to say your truth, expressing yourself; an active year

**Personal Year Number 4:** A preparation year of putting down roots, hard work, discipline, health, and putting into form the ideas of last year; a productive year

**Personal Year Number 5:** A year for change, unpredictability, risk taking, and freedom; an active year

**Personal Year Number 6:** A year for tending to domestic matters, family obligations, nurturing others; an active year

**Personal Year Number 7:** A spiritual year of turning inward, rest, rejuvenation, and contemplation; a restorative year

**Personal Year Number 8:** A preparation year full of achievement, recognition, and organization; an active year

**Personal Year Number 9:** A completion year for release, forgiveness, and transformation; an active year transitions to a restorative year

**Sources:**

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Published 2004 by Amaranth Illuminare

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**Contact:**

Julie Krupp  
juliekrupp@gmail.com

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